

ADVICE NURSE (KP On-Call – 24 hours 7 days a week) APPOINTMENT CENTER: Monday-Sunday 7am – 7pm	
Same Day Appointments available with primary care physician for needs. For best selection, call Appointment Center when it opens	-
BEHAVIORAL HEALTH CARE HELPLINE (24/7)	. 800-900-3277
COVID-19 INFORMATION LINE (24/7)	877-813-7297
KP NOW – Telephonic Appointment Monday-Friday 7:30am–7pm	. 800-290-5000
Receive call back by on-call physician within 2 hrs. Available for se cold, flu, cough, UTI, fever, skin problems, diarrhea, eye problems, etc.	lect symptoms:
MEMBER SERVICES (English)	
(Cantonese & Mandarin)	
(Spanish)	
(TTY for hearing & speech impaired) Monday-Friday 7am – 7pm, Saturday-Sunday 7am – 3pm	800-777-1370
LABORATORY (Walk-In or by Appt.)	
<i>Monday-Friday 7am–5pm</i> Bostonia, Carlsbad, Carmel Valley, Clairemont, Escondido, O Rancho Bernardo, Rancho San Diego, Viewridge	ceanside,
Monday-Friday 7am–5pm, Saturday 8am–12Noon. Vandever	
Monday-Friday 7am – 9pm, Saturday-Sunday including holidays, 8am-9pm La Mesa, Otay Mesa and San Marcos	
<i>Daily, including holidays, 7am–9pm</i> Zion Medical Center San Diego Medical Center (except Sat-Sun 8am-3:45pm)	
<i>Monday- Friday 8am–5pm</i> Bonita and Oceanside	

http://continuingcare-sandiego.kp.org



NURSES CLINICS

Monday-Friday 8:30am –12:15pm & 1:30pm- 4:30pm Services include: Wound Care, Injections, Phlebotomy, Skin Test (TB) (no physician services).

- Bonita 3955 Bonita Rd., Bonita, CA 91902 (closed Wed. 12pm – 4:30pm)
- Bostonia 1630 East Main St, El Cajon, CA 92021
- Carlsbad 6860 Avenida Encinitas, Carlsbad, CA 92011
- Carmel Valley 3851 Shaw Ridge Rd, San Diego, CA 92130 (closed Wed. 12pm – 4:30 pm)
- Clairemont 6911 Convoy Ct., San Diego, CA 92111
- Escondido 732 North Broadway, Escondido, CA 92025
- La Mesa 8080 Parkway Dr., La Mesa, CA 91942 (open Sat. 8:30am – 11:30am)
- Oceanside 1302 Rocky Point Dr., Oceanside, CA 92056 Appt is best for COVID vaccine and Wound Care
- Otay Mesa 4650 Palm Ave, San Diego, CA 92154 (open Sat. 8:30am – 11:30am)
- Point Loma 3250 Fordham St, San Diego, CA 92110 (closed Wed. 12pm – 4:30 pm)
- Rancho Bernardo 17140 Bernardo Center Dr., San Diego, CA 92128 Wound Care – APPT REQUIRED
- Rancho San Diego 3875 Avocado Blvd, La Mesa, CA 91941 (closed Wed. 12pm – 4:30 pm)
- San Marcos 400 Craven Rd, San Marcos, CA 92078 (open Sat. 8:30am – 11:30am)
- Vandever 4405 Vandever Ave, San Diego, CA 92120 (open Sat. 8:30am – 11:30am)

URGENT CARE WALK-IN CLINICS

- 9am 9pm, 7 days a week, including holidays
 - La Mesa 8080 Parkway Dr., La Mesa, CA 91942

Otay Mesa – 4650 Palm Ave, San Diego, CA 92154

San Diego Medical Center – 9455 Clairemont Mesa Blvd, S.D., CA 92123

San Marcos – 400 Craven Rd, San Marcos, CA 92078

For corrections or additions to this handout, please call (619) 641-4456